



RELEASE AND WAIVER OF LIABILITY AGREEMENT

All participants in its Monday evening social run, Soul Runners club and other related activities ("the Event") sponsored by Trinity Brewing Co & The Colorado Running Co are required to assume all risk of participation in the Event by signing this Release and Waiver of Liability Agreement.

The undersigned runner ("Runner") on behalf of himself/herself and on behalf of the Runner's personal representatives, assigns, heirs, and executors hereby fully and forever releases, waives, discharges, and covenants not to sue Trinity Brewing Co and/or The Colorado Running Co, it's shareholders, owners, employees, servants, successors and assigns ("Releasees") from any and all liability to the Runner and his/her personal representatives, assigns, heirs, and executors for all claims, or causes of action on account of personal injury, damage of property, loss of services, medical expenses, contributions, indemnifications, losses, or damages of any and every kind whatsoever whether caused by the passive or active negligence of all or any of the Releasees or otherwise in connection with the Runner's participation in the Event. The Runner represents that he/she is in good physical condition and is safely able to participate in the Event. The Runner is fully aware and understands the risks and hazards inherent in participating in the Event including, without limitation, weather conditions, traffic, and the condition of the road, all such risk being known and appreciated by the Runner. The Runner assumes all risks of loss(es), damages(s), or injury(ies) that may be sustained by him/her while participating in the Event.

Signed this _____ day of _____, 2009

Runner's Printed Name

Runner's Signature